

Session 4: Living in Harmony with God's creation

PRAY

A Christian Prayer in union with creation:

Teach us to contemplate you in the beauty of the universe, for all things speak of you.

Awaken our praise and thankfulness for every being that you have made.

Give us the grace to feel profoundly joined to everything that is.

God of love, show us our place in this world as the channels of your love for all creatures.

[Mystery At Play In The Whole of Creation](#) Relaxing meditation from Pray- As- You- Go (27 mins)

ACT

Networking:

If you would like to connect to others from your area that have watched this series please email John Woodhouse at johnwoodhousecat@gmail.com

Please highlight your name and what city or town or parish you are from. We don't need your full address. John will send an email out to those of you in the same city/town/parish so that you can connect. Your email and location details will be used for this purpose only.

➔ [Laudato Si' Animators course](#): Starts 14 April

Thinking about food?

[10 ways to eat less meat](#) including easy recipes and cooking tips from Friends of the Earth

For great plant-based food, try following [Bosh](#), [Max La Manna](#), or [Pick Up Limes](#) on social media—just some of many!

REFLECT



[Laudato si' O mi' Signore](#) (3 mins)

[A Prayer for the Earth](#) (4 mins)



[Loving God's Creation](#) - Global Healing Extra Session, by Dr Carmody Grey (7 mins- it's wonderful!)

[Creationtide Reflections](#)—
Mary Colwell

[15 Birds and Bird songs for Beginners](#) (4 mins)



NEWS

[Just 1 in 10 young people](#) believe their church is doing enough to respond to the climate crisis -Tearfund research

[London teenagers tackling air pollution](#) - The Guardian

[Global Youth Strike for Climate](#) - Mar 19th Fridays for Future. At home options available.

Letter demands action over ['UK nature in freefall'](#) - BBC

[How the National Trust is preserving places we love](#) - Sky News

Westminster becomes first Catholic [Fairtrade Diocese](#)—Twitter

“Many things have to change course, but it is we human beings above all who need to change.” (Laudato Si', 202)